



**Buddhist Tzu Chi
Medical Foundation**

Serving with Compassion

2020/21
ANNUAL REPORT



About Tzu Chi Medical Foundation USA

Established in 1993, Tzu Chi Medical Foundation (TCMF) provides holistic and integrated healthcare services across the United States to financially disadvantaged residents. Our volunteer doctors, nurses, healthcare professionals, and general volunteers serve all communities with compassion and care and pay particular attention to the needs of vulnerable and underserved groups.

With permanent Federally Qualified Health Center (FQHC) Look-Alike certified clinics in Alhambra, South El Monte, and Wilmington, California, TCMF offers exceptional care to underserved populations in those regions. In affiliation with TIMA (Tzu Chi International Medical Association), TCMF also hosts free, periodic, large-scale medical outreach events in the United States, Latin America, and the Caribbean, in addition to providing mobile medical, dental, and vision care services, support groups, and preventive health education.

MISSION

To provide affordable and charitable patient-centered and holistic health care for the wellness of the underserved.

VISION

To provide health care while inspiring love and compassion in both those giving care and those receiving it.

A Message from Board Chairman, Dr. William Keh

Dear Friends,

Due to the COVID-19 pandemic, 2020 and 2021 were remarkably busy for the Tzu Chi Medical Foundation (TCMF) on many fronts.

When there was a shortage of personal protective equipment (PPE), TCMF and Tzu Chi USA fundraised and purchased PPE to donate to hospitals, medical centers, and nursing homes around the country. While our PPE donations helped protect healthcare workers from the virus, we launched the “A Better Meal: A Better Earth” campaign to boost their morale. They thanked us for providing healthy meals and also for introducing them to the benefits of a plant-based diet.

Additionally, in 2020, after three and a half years of hard work and several rigorous and extensive reviews by the Health Resources and Services Administration, on November 1, our clinics in Alhambra, South El Monte, and Wilmington, California, all attained Federally Qualified Health Center Look-Alike (FQHC Look-Alike) designation in providing health care to the community. This milestone recognizes our efforts to offer compassionate care for local underserved communities and vulnerable populations.

The FQHC Look-Alike designation marked a perfect ending to my service as CEO. I was honored and grateful to pass the torch in January 2021 to our new Chief Executive Officer, Dr. Stephen Denq, previously Chief Medical Officer, and to continue serving TCMF as Board Director. I extend my deepest gratitude to all our board members, staff, and volunteers for your support and dedicated work. Your continued support towards Dr. Denq is appreciated. Let's work hard together to achieve new milestones in 2022.

Gratefully,



William Keh, MD
Board Chairman



A Message from Chief Executive Officer, **Dr. Stephen Deng**

Dear friends and family,

Regardless of the shadow cast by COVID-19, Tzu Chi Medical Foundation (TCMF) started 2021 on a strong note with its newly Federally Qualified Health Center Look-Alike designated clinics in Alhambra, South El Monte, and Wilmington fully operational, providing medical, dental, acupuncture, and vision services. The clinics followed the government's COVID-19 protocol and also offered COVID-19 vaccination and testing to communities.

To better serve even more Medi-Cal, Medicare, and IPA patients, TCMF established a multilingual call center and upgraded its electronic health record system. Tzu Chi Health Centers also provided telehealth service so patients could stay at home to avoid the risk of contracting COVID-19.

Although TCMF temporarily suspended normal operations of its mobile clinics and international and domestic medical outreach, the team used the opportunity to inventory stock in preparation for future healthcare missions. Our staunch supporter, Kaiser Permanente Hospital in Fresno, California, donated a Mobile Dental Clinic, while our Fresno team celebrated its 20th year of providing free dental services to migrant farmers. TCMF's teams also collaborated with medical providers to offer COVID-19 vaccines to communities in need, providing a sorely needed service.

As we approach TCMF's 29th anniversary, I'm incredibly honored to be appointed Chief Executive Officer. I'd like to thank Dr. William Keh for his leadership and continuous support and express my appreciation for the support of all donors, sponsors, partners, medical professionals, and volunteers since 1993. I look forward to working with everyone to provide affordable and compassionate patient-centered health care for the wellness of the underserved.

Gratefully,



Stephen Deng, MD
Chief Executive Officer



Healthcare Operations



Permanent Clinics

Tzu Chi Medical Foundation's first clinic in the United States was established in Alhambra, California, in 1993. Today, Tzu Chi Medical Foundation (TCMF) has three permanent clinics in California – in Alhambra, South El Monte, and Wilmington. In 2020, these clinics attained Federally Qualified Health Center (FQHC) Look-Alike Designation, greatly expanding TCMF's capacity to provide health care for local communities and underserved populations. Currently, the services provided include medical, dental, and vision care; traditional Chinese medicine, psychotherapy, and educational programs.



Mobile Clinics

TCMF's mobile clinics have delivered high-quality healthcare services to communities around the country at no cost for over 20 years. A fleet of nine mobile clinics serves underprivileged communities in California, its service area recently expanding to New York and Las Vegas. Services provided include medical, dental, and vision care, as well as cancer screening.



Healthy Community Programs

Healthy Community Programs provide preventive health services to individuals in need. These holistic programs are designed to cultivate healthier lifestyle choices within communities. Services include healthy living programs, health workshops, educational outreach, cancer awareness programs, patient support groups, and Integrative East-West Medicine.



Domestic and International Outreach (TIMA)

Tzu Chi International Medical Association (TIMA) consists of licensed medical professionals and logistics volunteers. Their expertise is utilized to facilitate patient-centered medical services to vulnerable populations affected by disasters and poverty locally and worldwide. Services provided include medical, dental, and vision care; traditional Chinese medicine such as acupuncture; health education; and most recently, COVID-19 vaccination.

Healthcare Services



Medical Care

Provide low-to-no cost comprehensive primary care services to safeguard patients' overall health. Deliver quality medical care, including internal and family medicine, pediatrics, immunizations, women's health, minor surgery, and GI endoscopy.

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Dental Care

Provide access to affordable dental care for underprivileged individuals, and underserved populations. Services include general dentistry, dentures, and oral hygiene education. Provide dental screenings and dental health education to schools to prevent dental issues later in life.

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Vision Care

Offer low-cost optometry and ophthalmology care to promote eye health and vision function. Services include vision testing and comprehensive eye examinations consisting of diagnosis and treatment programs. Prescription lenses are also offered.



Traditional Chinese Medicine

Provide low-cost, high-quality traditional Chinese medicine treatments to help patients recover from ailments and promote overall well-being. Services include acupuncture, acupressure, cupping, Tui-Na, herbal remedies, therapeutic exercises, and dietary regimens.

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Current Needs Care

During the COVID-19 pandemic, vaccinate local community members who qualify and distribute personal protective equipment (PPE) to healthcare institutions and at-risk individuals to help reduce the spread of COVID-19.

2020-2021

Summary of Operations

TCMF joined forces with Tzu Chi USA, Tzu Chi Taiwan, and other national chapters to procure and donate personal protective equipment (PPE) to healthcare institutions and individuals across the United States.

TCMF launched initiatives to help avert zoonotic diseases like COVID-19: The “A Better Meal: A Better Earth” program promotes a plant-based, while the “Lotus Sutra Book Club” cultivates harmonious coexistence with nature.

TCMF’s community clinics in Alhambra, South El Monte, and Wilmington attained Federally Qualified Health Center Look-Alike designation starting November 1, 2020. TCMF also added telehealth services in 2020, along with COVID-19 vaccination and testing in 2021.

TCMF Mobile Clinics provided vision, dental, medical care services, PPE donations, and COVID-19 vaccinations. The clinics participated in the See 2 Succeed, Senior We Care, and Care 4 Highway 99 programs.

TCMF launched Healthy Community Program webinars streamed live on Zoom and Facebook. The webinars were also recorded, processed, and uploaded to YouTube, reaching more viewers.

TOTAL DISTRIBUTED

3.5 Million
Surgical Masks

465,270
N-95 Masks

100,000
Goggles

65,400
Gloves

30,000
Coveralls

6,000
Face Shields

VALUE OF TCMF’S PPE DONATIONS

\$5,376,645

TZU CHI HEALTH CENTER PATIENTS

10,949

TCMF MOBILE CLINICS PATIENTS

10,703

MEDICAL OUTREACH PATIENTS

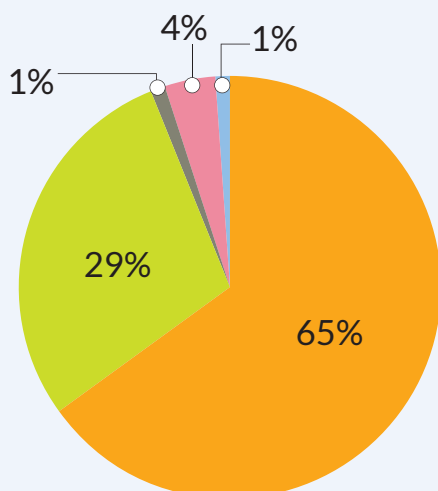
14,691

HEALTHY COMMUNITY PROGRAM WEBINARS

74

Patient Demographics

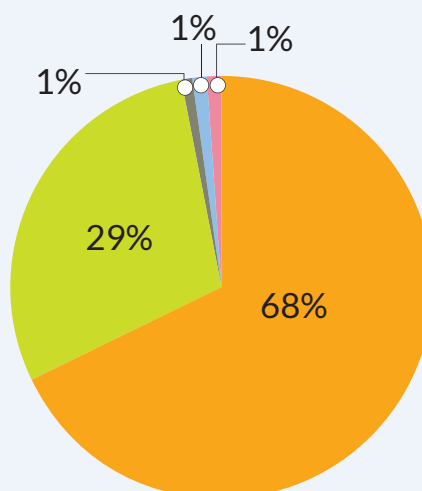
Health Centers 2021



Patient Head Counts: **7,360**

Patient Service Counts: **26,127**

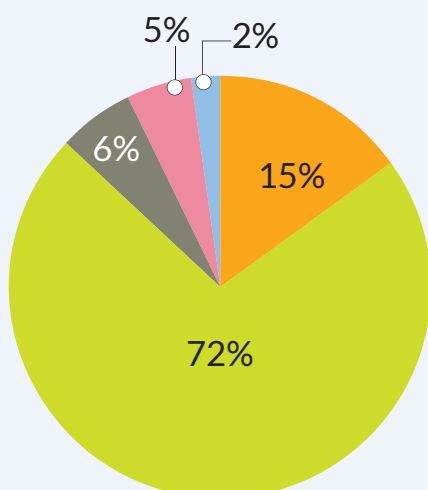
Permanent Clinics 2020



Patient Head Counts: **3,589**

Patient Service Counts: **8,350**

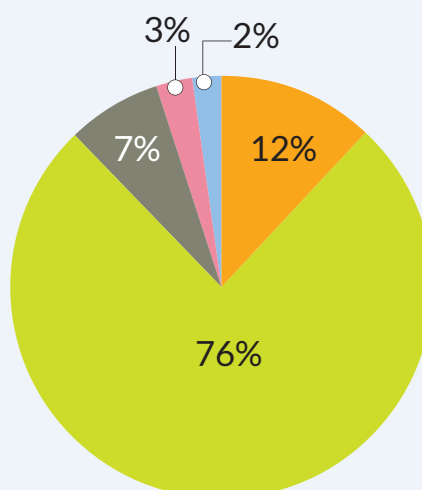
Mobile Clinics/ Medical Outreach 2021



Patient Head Counts: **8,843**

Patient Service Counts: **11,614**

Mobile Clinics/ Medical Outreach 2020



Patient Head Counts: **1,860**

Patient Service Counts: **3,077**

Asian White (including Hispanic) Black / African American
Unreported / Refused to report Other (including more than one race)

Making a Dream a Reality

Attaining FQHC Look-Alike Designation



“We did it!”

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Even under the shadow of the COVID-19 pandemic, Tzu Chi Medical Foundation (TCMF) received the great news that its clinics have attained Federally Qualified Health Center (FQHC) Look-Alike Designation starting November 1, 2020.

TCMF has been committed to helping underserved and underprivileged populations by offering affordable and accessible health care since its establishment in the United States in 1993, with three California-based community health centers in Alhambra, South El Monte, and Wilmington providing medical, acupuncture, and dental services. Now, with FQHC Look-Alike Designation, TCMF's capacity to offer one-stop medical care has been strengthened significantly.



A joyful high jump for everyone after learning of TCMF's FQHC Look Like designation.



Acupuncturist Yi Hsien Lai provides treatment to patient Frank Deng.

FQHC Look-Alikes are community-based healthcare providers that meet Health Resources and Services Administration (HRSA) Health Center Program (HCP) requirements. TCMF's Look-Alikes don't receive HCP funding but have certain privileges that boost our ability to provide health care for underserved, underprivileged, uninsured, and underinsured populations.

TCMF celebrates this certification, knowing that the attentive care it offers is making a tremendous difference in the lives of patients and their families.

Frank suffered a stroke due to hypertension. Thanks to the holistic and attentive care he received at a Tzu Chi Health Center during his recovery and rehabilitation, he can stand and is relearning to walk.

“The combined treatment of Chinese and Western medicine has saved my health!”



Residents at Alhambra wait in line on February 26 to get COVID-19 vaccination supplied to Tzu Chi Health Centers.

Grace, a single mother with severe dental issues, was overjoyed that she could keep her teeth with treatment. She couldn't wait to demonstrate the proper oral hygiene techniques she learned to her kids.

“No one ever taught me before!”

Tzu Chi Health Centers were closed during the initial surge of COVID-19 but reopened with full safety measures in May 2020. In late 2020, in the face of a severe vaccine shortage, TCMF stepped up to apply for vaccines from the government to speed up the rate of vaccination and protect local communities. The FQHC Look-Alike status substantially accelerated the application process, and by the end of 2020, TCMF began providing free vaccination to eligible individuals and healthcare providers.

While seeking vaccine doses, Tzu Chi Health Center in Wilmington also

identified low-income residents near ports suffering from respiratory diseases and sought solutions.

Thanks to Harbor Community Benefit Foundation (HCBF), a long-term community partner, and Blueair, a corporate partner that donated 100 air purifiers, TCMF was able to bring relief to those in need. Jane, whose daughter suffers from asthma and allergies, lives near a heavily polluting factory and was just one of the many residents that TCMF and its partners were able to help.

“I can’t thank you all enough for this kind-hearted gift to help my daughter and my family breathe much better and easier now.”

During the COVID-19 pandemic, HCBF sponsored Tzu Chi Health Center in Wilmington to purchase personal protective equipment (PPE) such as masks and hand sanitizers for the community’s low-income residents. At the same time, the organization praised TCMF’s holistic approach, which ranges from medical services to charity food distributions.



Tzu Chi Medical Foundation hosted an air purifier distribution, in partnership with the Harbor Community Benefit Foundation and Blueair, to help address issues of air pollution and respiratory illness.



Ed Avol, Board Member of HCBF, emphasized the importance of their partnership with Tzu Chi Medical to serving needy communities.

“The partnership with Tzu Chi Medical Foundation has created the best practice in providing health care to needy communities. Improving public health is a complex job. It can’t just provide food or just purely provide medical services. The task must include all aspects of the above, and Tzu Chi is the organization who has been putting together many pieces of a puzzle.”

Ed Avol

HCBF Board Member



TCMF has been applying this holistic and attentive approach to health care in the communities it serves since 1993. With the new FQHC Look-Alike Designation and the ongoing support of community partners,

corporations, and non-governmental organizations, TCMF will remain a powerful force in caring for patients in need for years to come.

PPE Distribution





Top: Dr. William Keh (left) and Volunteer Director Mary Keh (right) presents a plaque of appreciation for the Kaiser Permanente Baldwin Park Medical Center's support of Tzu Chi Medical's work over the years to Eugene Cho (center left), Senior Vice President & Area Manager and Dr. Victor Cheng (center right).

Opposite page:
Tzu Chi USA volunteers prepare personal protective equipment for distribution to healthcare workers and first-responders on the frontlines of the fight against COVID-19.

The COVID-19 pandemic hit hard globally in 2020 and 2021.

Tzu Chi Medical Foundation (TCMF) and Tzu Chi USA stepped up to fight the virus in the United States by:

- Procuring and donating personal protective equipment (PPE) to healthcare institutions
- Providing PPE and sanitizing supplies to the elderly and other vulnerable groups
- Participating in the public vaccination effort
- Educating the public about proper sanitation, wearing masks, and vaccination

Overcoming PPE Procurement Issues

COVID-19 infections began spiraling out of control in the United States at the start of 2020. However, the outbreak had already severely impacted China, so TCMF aimed to ship PPE and other supplies there first.

Then, the pandemic underwent a rapid intensification in the US and PPE became scarce and expensive. Tzu Chi reversed the direction of shipments and sought to procure PPE for the US from overseas instead.

Many challenges presented themselves during PPE procurement. Chinese manufacturers were frequently non-compliant with FDA standards for PPE. Purchasing carelessness often led to missing or defective products upon delivery. Chinese export policies kept changing, requiring new licensing and customs clearance procedures. Still, procurement teams in the US, China, and Taiwan worked against the clock.

Simultaneously, Tzu Chi's global headquarters in Taiwan initiated a

fundraising campaign for PPE procurement involving all chapters worldwide. The effort amassed 1.6 billion TWD (5.34 million USD) in donations.

Distributing PPE to Offer a Ray of Hope

To address the urgent needs of healthcare workers, TCMF set up a PPE donation station on March 31, 2020, marking the first time a major charity in the US had taken the initiative to gather and donate PPE to healthcare institutions. Many Tzu Chi volunteers are seniors and at higher risk for serious COVID-19 symptoms, yet they made countless trips to healthcare institutions to deliver desperately needed PPE.

Dr. William Keh (second left), Tzu Chi Medical Foundation CEO, and Volunteer Director Mary Keh (left), accompany Michael Sullivan (center) to his car before he sets off for the Orthopedic Institute for Children with the PPE he received, which will help safeguard staff and patients.





Tzu Chi volunteers donate much-needed masks to the LAPD to help ensure first responders can stay protected from the spread of COVID-19 while serving the community, and flatten the curve.

TCMF also responded to individual requests for PPE, with our donations bringing great relief to those in need.

“Even while running out of PPE, our care for children in need had to continue. I don’t know how to express my gratitude for TCMF’s help at this time.”

Michael Sullivan

Vice President and Chief Philanthropy Officer
UCLA’s Orthopedic Institute for Children

The gratitude from UCLA’s Orthopedic Institute for Children (OIC) led to their presenting TCMF with a Community Leadership Award.

When the COVID-19 pandemic quieted down in the summer of 2021, TCMF received many inquiries from corporations wishing to donate hand sanitizers and masks; one donation amounted to over 100,000 bottles of hand sanitizer. TCMF contacted municipal governments to distribute donated supplies to local communities and introduce the services



Dr. William Keh (left), Chief Executive Officer of Tzu Chi Medical Foundation, personally delivers PPE to Methodist Hospital of Southern California, where it is received by Mike Driebe (right), President of Methodist Hospital Foundation.

offered by Tzu Chi Health Centers at the same time.

To date, TCMF, together with Tzu Chi USA and the Tzu Chi International Medical Association, has donated tens of thousands of masks, isolation gowns, goggles, and bottles of hand sanitizer to both healthcare institutions and individuals. As long as COVID-19 continues to threaten lives, TCMF will continue supporting those in need to the best of our capabilities.

PPE Distribution Stats

Since the pandemic began in 2020, Tzu Chi USA has provided over **4,412,330*** items of medical-grade personal protective equipment (PPE) to hospitals, medical centers, clinics, nursing facilities, shelters, schools, government agencies, first-responders, and communities across the country.

Over 10,000 volunteer shifts supported distribution activities nationwide, serving institutions by sourcing, purchasing, and delivering the donations of medical supplies in the safest way possible.

Volunteers took special care to attend to the most vulnerable and underserved populations in their communities, such as people experiencing homelessness, the elderly, undocumented families, low-income households, individual care cases, and others.

**Approximate number near the end of 2021, with distributions and activities ongoing.*

TOTAL DISTRIBUTED

3.5 Million
Surgical Masks

465,270
N-95 Masks

100,000
Goggles

65,400
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Face Shields



A Better Meal A Better Earth



The origins of A Better Meal A Better Earth campaign and advantages of plant-based diet were shared with healthcare workers on the PPE donation event at South El Monte Health Center on June 12, 2020.



While providing personal protective equipment (PPE) and other supplies to hospitals, clinics, and nursing homes during the pandemic, Tzu Chi Medical Foundation (TCMF) identified another urgent need among healthcare workers. With their demanding schedules and being dressed head to toe in protective gear, many healthcare professionals either didn't have time to eat or chose to skip meals rather than going through the hassle of removing and replacing their PPE. Even if they did have a meal, they frequently ate fast food for speed and convenience.

In view of this and Dharma Master Cheng Yen's advocacy for a compassionate diet that can also help lessen the probability of more zoonotic diseases in the future, TCMF launched the "A Better Meal A Better Earth" plant-based diet campaign. Dr. William Keh, then-CEO of TCMF, endorsed the venture, saying, "Wearing a mask is just a means to stop viruses from entering one's body, which is a temporary protection measure. Only vegetarianism can fundamentally improve the environment and stop viral outbreaks from returning again and again."



TCMF formed a core team led by Volunteer Director Mary Keh and launched the campaign on May 12, 2020. The threefold purpose of the movement was to 1) Honor the hard work of healthcare workers during the pandemic, 2) Spark discussions around ethical eating and the humanitarian philosophy behind Tzu Chi's missions, and 3) Encourage healthcare professionals to become models for their patients, continuing the cycle of compassion.

Many restaurants, corporations, and individuals joined the initiative by

sponsoring meals, and Tzu Chi volunteers rolled up their sleeves to deliver them. Everyone was eager to contribute and do their part to support these healthcare heroes. Meanwhile, TCMF didn't forget its own heroes either and resumed the provision of plant-based meals to all volunteers and staff to safeguard their health, a practice that continues to this day.

Besides the sponsorships offered in support of the campaign, clinics and hospitals also did their part to promote a plant-based diet and endorse its health

benefits, something Tzu Chi volunteers appreciated immensely.

Additionally, throughout the pandemic, TCMF paid particular attention to the needs of its long-term partners.

Dr. Victor Cheng, a Tzu Chi International Medical Association (TIMA) member and veteran of the Kaiser Permanente Baldwin Park Medical Center, brought the healthcare efforts of Kaiser Permanente (KP) and TCMF together years ago. KP's numerous grants have enabled the sustainable operation of TCMF's signature mobile clinics, which strive to build healthier communities. To show our appreciation, KP was among the first

partners TCMF had in mind when aiming to provide critically-needed PPE and plant-based meals.

TCMF extended gratitude and support towards frontline healthcare workers while promoting plant-based eating by other means too. Diligently following the government's protocol regarding temperature taking and facemasks, TCMF hosted two events; one on June 12 at the Tzu Chi Health Center in South El Monte and the other on June 24 at the Tzu Chi Health Center in Wilmington. On those occasions, we provided additional PPE to healthcare institutions and held discussions on the philosophy behind our advocacy for a plant-based lifestyle.



TIMA Las Vegas's doctors and nurses gathered together to discuss how to support the "A Better Meal A Better Earth" campaign locally.

Healthcare workers at San Gabriel Valley Medical Center were overjoyed to receive wholehearted support from Tzu Chi Medical Foundation.



Through the coordination of local volunteer, Suong Thongkham (front right) and Tzu Chi Medical staff, Bessie Nhan (front second right), plant-based meals were delivered to healthcare workers at Riverside Hospital who received them with great delight.

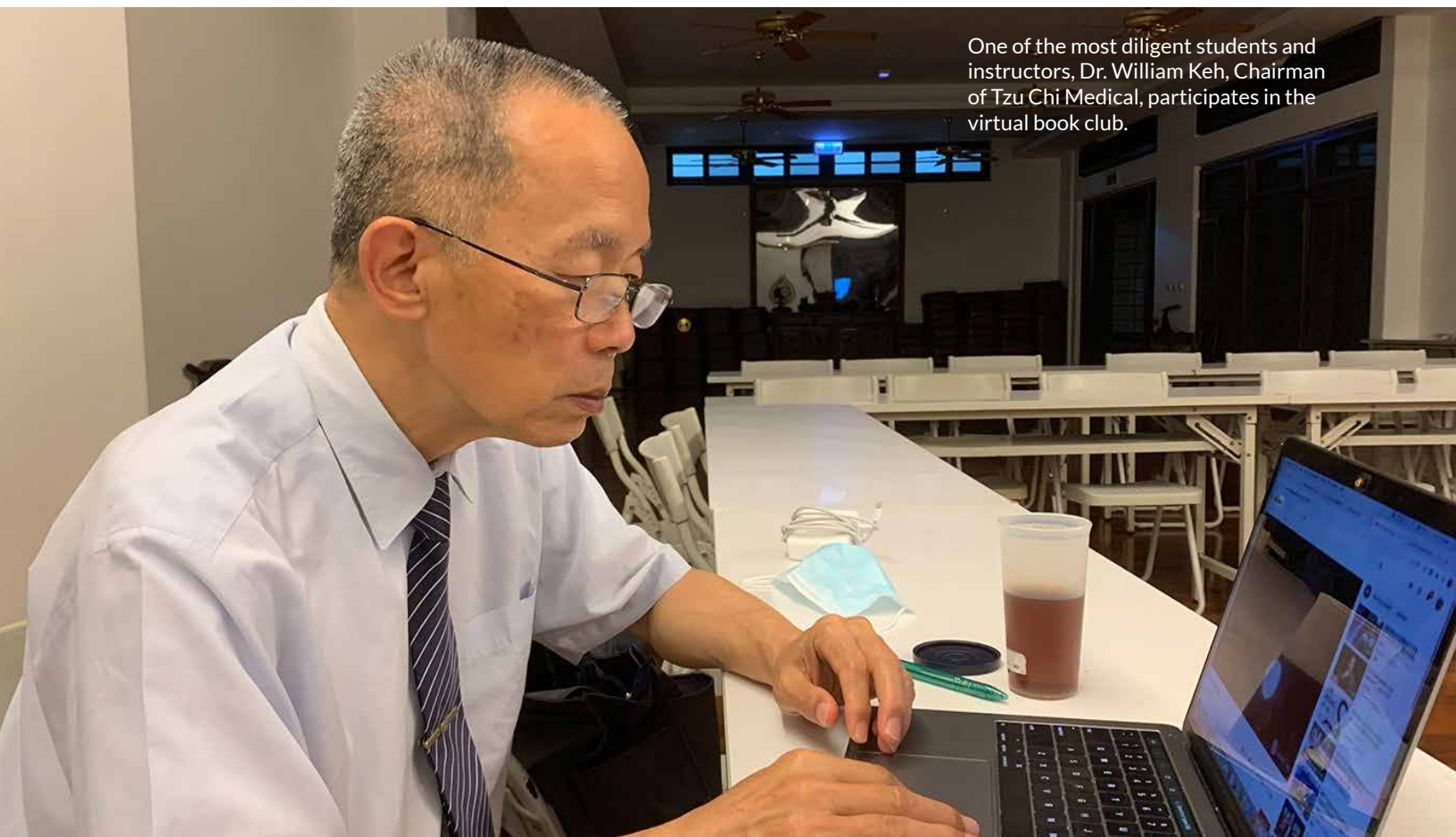
Around 40 representatives from hospitals, clinics, or nursing homes participated.

- Beverly Hospital
- Bixby Knolls Towers
- College Medical Center
- Greater El Monte Community Hospital
- Hope International Hospice
- Huntington Valley Healthcare in Orange County
- Memorial Care Orange Coast Medical Center
- Methodist Hospital
- Norwalk Community Hospital in Cerritos
- Reliable Hospice
- Royal Care Skilled Nursing Center in Torrance
- St. Joseph Hospital, and others.

Tzu Chi donated plant-based meals to healthcare workers in order to support them and their hard work during the pandemic. However, a plant-based lifestyle is just a single facet of Tzu Chi's compassionate care philosophy. Spreading the philosophy behind plant-based living promotes both a healthy body and a healthy environment, and this purpose will continue to guide Tzu Chi's work in the future.

Lotus Sutra Book Club

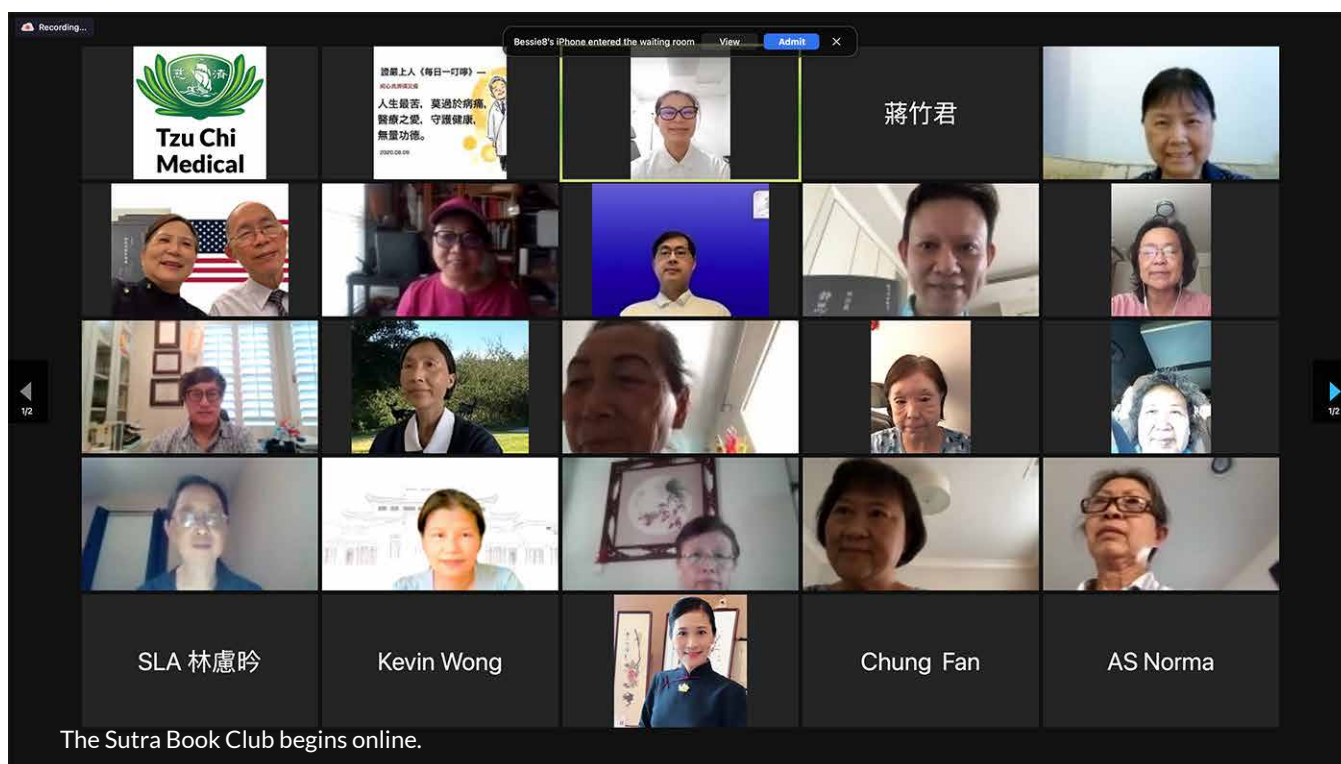
The Spirit of Compassionate Care



One of the most diligent students and instructors, Dr. William Keh, Chairman of Tzu Chi Medical, participates in the virtual book club.

On the strength of the success of the plant-based diet initiative, Tzu Chi Medical Foundation (TCMF) volunteers and staff decided to promote not just vegetarianism but also the spirit behind such a lifestyle further, to cultivate the origins of TCMF's compassionate care philosophy. While vegetarianism is a noble cause, the values at the root of choosing a plant-based diet are even more so.

Hence, Dr. William Keh and Volunteer Director Mary Keh launched the Lotus Sutra Book Club on January 7, 2021, calling on medical volunteers and staff to participate in a weekly reading session together to study the essence of the Lotus Sutra based on Dharma Master Cheng Yen's teachings. The hope was that participants would put the Buddhist teachings into practice, not only in their



personal lives but also through introducing them to the patients they care for and treat. The underlying Buddhist approach would thus truly distinguish the TCMF from other healthcare providers in the nation.

Many TCMF volunteers and staff, alongside Tzu Chi International Medical Association (TIMA) healthcare professionals, were invited to join the Lotus Sutra Book Club. Clara Hsu and Pio Kuo, instructors from Taiwan, agreed to help facilitate discussions, given their successful book club running experience. Furthermore, Dr. Lina Lin, an optometrist at Tzu Chi Health Centers, also headed the group to show her commitment to the initiative. With such strong support, the Lotus Sutra Book Club got an excellent start in early 2021.

What impressed Dr. Lin most was how consistently the founders of the book club, William and Mary Keh, demonstrated their dedication. Though they were in Taiwan, they always took turns to guide the reading sessions. If there were any scheduling conflicts, they would record dialogue beforehand and check in with the discussion leader afterward.

“I’m grateful to have their guidance and even more grateful for the participation of all the medical staff and volunteers,”

Dr. Lin
Optometrist at Tzu Chi Health Centers

The book club leads designed each lesson to address and discuss a specific topic. For instance, Master Cheng Yen once said in the “Seven Parables of the Lotus Sutra” and recent teachings, “We must raise our heads to repent and bow our heads to be grateful.” A typical response to this directive is, “What does the Master want us to repent and be grateful for?” During gatherings of the Lotus Sutra Book Club, answers would emerge in discussions.

Dr. Stephen Denq, CEO of TCMF reflected that “repentance” and “gratefulness” were both processes, the “what” being secondary. He shared a quote from Master Cheng Yen to illustrate how such selections could be applied in everyday life, using his own experience as an example. “Look with your ears and listen with your eyes,” he quoted, then adding, “This has been very useful for me when I see patients

during international medical outreach events. Due to language barriers, I learned to listen to patients with my eyes, not my ears, and to feel their suffering as though it happened to my loved ones or me.”

Dr. Denq explained how lessons about Dharma such as these had enabled him to become a better and more compassionate physician. Furthermore, it wasn’t just medical practitioners like himself who could benefit in this way. From Tzu Chi volunteers up to its board members, anyone could improve their outlook and better devote themselves to charitable endeavors through learning about Dharma in this book club.

Joyful members login to the weekly book club to immerse themselves in Dharma teachings.



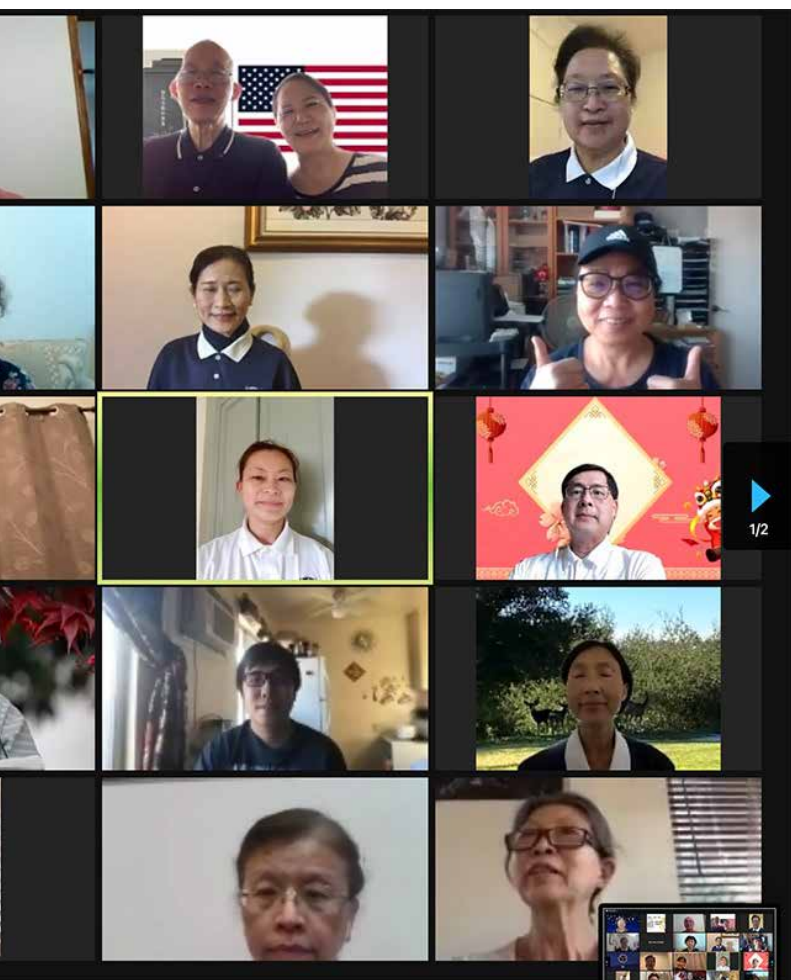
“Joining the book club is like tasting tea. Before drinking tea, you should take the cup up to your nose to smell the tea. Then you taste the tea and drink it. Much like tea, Dharma must be sampled and studied to discern its nature. Dharma is invisible but powerful in its truth. After smelling and tasting fragrant tea, the natural response is to drink it for nourishment and enjoyment. In this, Dharma and tea are the same. Both should be studiously sampled first so that one may be better enriched by partaking of it.”

Dharma Master Cheng Yen

Founder

Jing Si Dharma Lineage & Tzu Chi School of Buddhism

Buddhist Tzu Chi Foundation



Tzu Chi’s plant-based lifestyle, the philosophy behind it, and all its charitable care and outreach work promote a healthy body, mind, and environment. Furthermore, Tzu Chi volunteers are the heart of this humanitarian aid organization in that all its missions rely on their hard work and commitment. This book club offers another opportunity for Tzu Chi volunteers and everyone at TCMF to demonstrate their willingness to engage in self-improvement, enabling them to serve their communities ever better.

Mobile Clinics and Domestic Outreach



Tzu Chi Medical Foundation (TCMF) operates a fleet of nine mobile clinics that provide outreach for underprivileged and underserved populations in Fresno, Los Angeles, San Jose, remote areas in California, and the New York City metropolitan region. The mobile clinic vans are equipped to provide medical, vision, or dental care to all, regardless of ability to pay or having an address.

“When you’re on Medi-Cal or other programs, you need an address, and many people don’t have that. This organization is helping to change some of the problems out there.”

Ronald Nagby

Mobile Dental Care Recipient
San Bernardino, California





Volunteers of Tzu Chi Medical Association (TIMA) North East Chapter successfully carried out a community wellness event with the utmost mindfulness and care on August 8, 2021

While most TCMF mobile clinics and medical outreach programs didn't operate during the height of the COVID-19 pandemic, the teams continued to provide services such as refilling prescriptions and ordering lab work. They offered telemedicine, especially to patients suffering from chronic diseases, and prepared and delivered medication to their doorstep. They also participated in pandemic and disaster relief efforts, distributing cash cards and food. While strictly following CDC pandemic guidelines, the mobile clinics resumed operations in May 2021.

In California's Central Valley, the mobile

clinic and outreach teams provided personal protective equipment (PPE) to hospitals and distributed food and essentials to Creek Fire survivors and charity care recipients at St. Jude Catholic Church. Charity aid distributions paid special attention to migrant families and other vulnerable groups.

With schools in California closed during the pandemic, the Fresno team provided eye screenings for foster children in conjunction with the Madera County Department of Social Services, Court Appointed Special Advocates (CASA), and CalViva. They then scheduled complete



The Fresno Mobile Clinic team working with local partners to provide vaccination to underserved communities.

eye exams for the children who needed them. The team also participated in vaccination efforts in Fresno County's rural areas, helping vaccinate 4,151 people from April 2021 to December 2021.

Fresno mobile clinics participated in programs such as See 2 Succeed, providing vision exams and free eyeglasses to schoolchildren. Other programs include Senior We Care, offering seniors dental and vision care, and Care 4 Highway 99, providing vision and dental services in the Central Valley. TCMF's Migrant Families Program provided medical, dental, and vision care in rural areas. Programs such

as iCare20 and Smile4U covered others in need of healthcare services.

TCMF's medical outreach wouldn't be possible without the support of partners. For instance, Highway City Community Development provided logistics support for mobile clinic operations and a building where teams conduct vision screening and eye exams.

Regardless of the challenges presented by COVID-19, TCMF's mobile teams found ways to continue serving those in need, providing healthcare services throughout 2020 and 2021.

Healthy Community Programs





Top: Tzu Chi Medical's Board Member Frank Su, and Advisor Joyce Jan, work together with Advisor Dr. Peter Chen, on the Healthy Community Program to serve people in need.

Opposite page: Volunteers Leanne Chang, and Wuwell Liao wholeheartedly promote our clinic's services in neighboring communities.

Tzu Chi Medical Foundation (TCMF) Healthy Community Program aims to empower patients with preventive healthcare and wellness knowledge through education. Given the COVID-19 situation, Healthy Community Program workshops have been conducted exclusively online since March 2020.

The educational content in 2020 and 2021 focused on pandemic-related topics ranging from means to prevent the spread of the coronavirus through proper hygiene and mask-wearing and highlighting the importance of vaccination. Further seminars educated viewers on how to stay healthy at home, as many of the participants were reluctant to visit doctors during the pandemic.

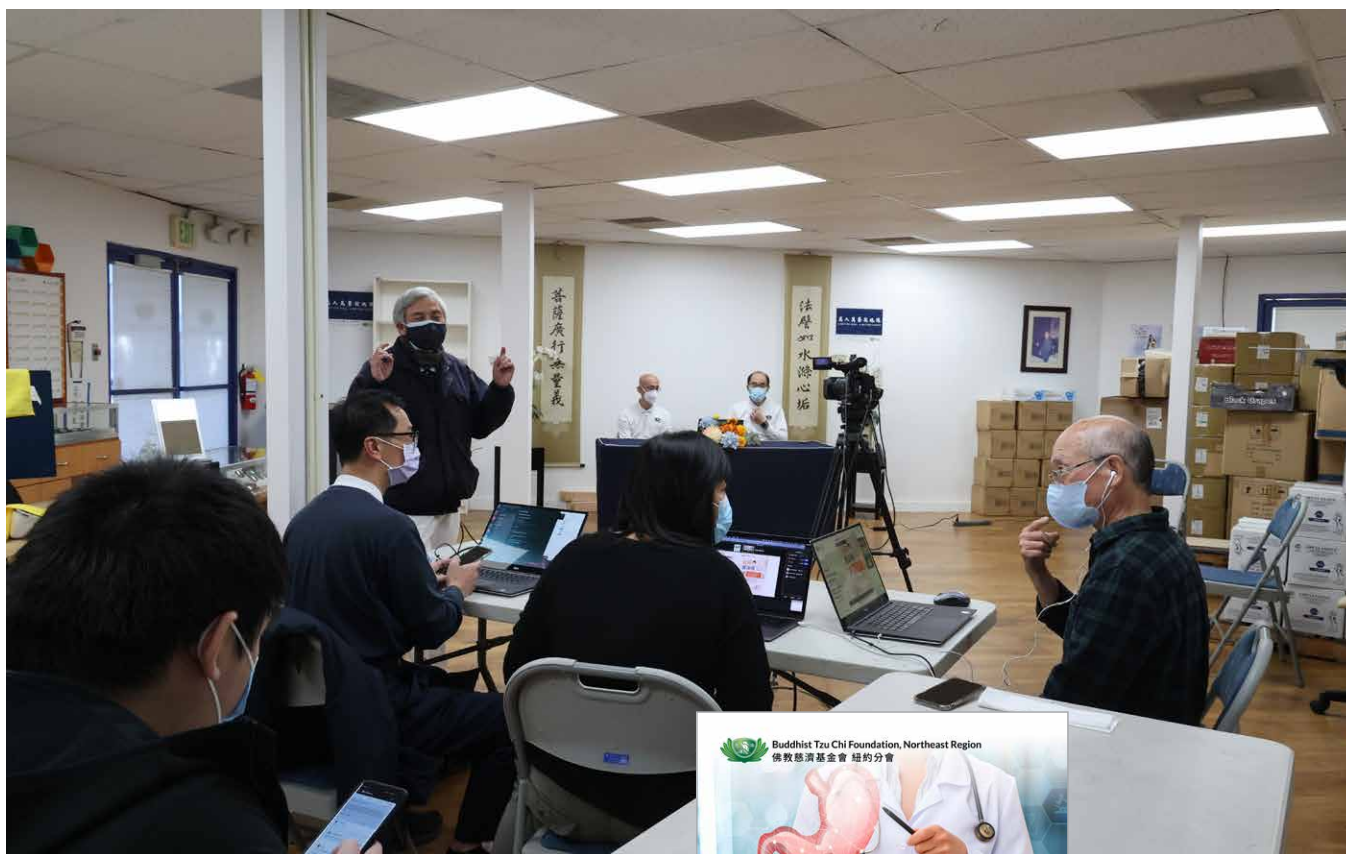
In partnership with the UCLA Center for East-West Medicine, summer webinars featured the integrative East-West approach to disease management, Traditional Chinese Medicine self-care methods during COVID-19, and a plant-based diet as a principal component of a healthy lifestyle.



South El Monte Mayor Gloria Olmos (center) Councilmember Richard Angel (third to the right), Mayor Pro Tem Manuel Acosta (second to the right), and Councilmember Gracie Retamoza (first to the right) praised Tzu Chi as a great community partner.

In the fall, TCMF's webinars featured colds and flu prevention, integrative chronic disease management, and modern treatment of nasal congestion. Workshops addressed cardiovascular disease prevention, lung cancer awareness, and alternative care choices for MediCal patients. When the COVID-19 vaccine gained approval for children, TCMF and Department of Public Health officials hosted a workshop for parents to address their questions and any concerns.

TCMF uploaded the Healthy Community live webinars to YouTube, recognizing how the programs could reach a larger audience. The efforts of hardworking staff and volunteers made the emergent YouTube channel a resounding success.



TCMF's Healthy Community Programs offer useful health education that is tailored to seasonal and chronic illnesses or current events such as the COVID-19 pandemic. In response to large-scale indoor event restrictions, the Healthy Community Program successfully and rapidly adapted to using a virtual presentation format beginning in 2020.

Since the online platform's inception in March 2020, TCMF has hosted numerous webinars and will continue to provide this valuable educational service to help people lead healthier lives through health awareness and preventive medicine.

Buddhist Tzu Chi Foundation, Northeast Region
佛教慈濟基金會 紐約分會

社區健康醫療講座

主題：
大腸癌年輕化和普及化，
該如何因應？

9/25 (星期六)
8:00pm EST. (東岸時間)

講師：
陳福民 福醫外科醫師
Presented by
Peter FM Chen MD, FACS

- 美國外科專科認證(博生)
- 美國外科學院 院士(FACS)
- 美國內閣國際科學會 (SAGES) 會員
- 美國護理學會 董事(ASGE)
- 德州NEMED 醫學副院長(副)

Host 主持人：
Dr. Richard Yang 楊康醫師

zoom ONLINE MEETING
Link: <https://zoom.us/j/7188880866>
Call In: 1-646-876-9923 US (New York)
Meeting ID: 718 888 0866
Password: 1013

Tzu Chi Medical volunteers are instrumental to the success of Healthy Community Program.



Dr. Peter Chen leads a talk for the Healthy Community Program.

2020/21 FINANCIAL REPORT

Assets

Assets	2021	2020
Current assets:		
Cash and cash equivalents	\$3,045,529	\$1,402,640
Investments	507,159	613,509
Grants receivable	217,066	732,538
Prepaid expenses	57,561	53,992
Total current assets	3,827,315	2,802,679
Property and equipment:		
Transportation equipment	2,201,362	2,201,362
Computers and printers	47,525	47,525
Furniture and fixtures	5,673	5,673
Office equipment	89,029	89,029
Leasehold improvements	4,208,145	4,199,595
Medical equipment	793,930	624,350
Less: accumulated depreciation and amortization	7,345,664 (3,097,213)	7,167,534 (2,592,434)
Property and equipment, net	4,248,451	4,575,100
Other assets:		
Security deposits	2,600	2,600
TOTAL ASSETS	\$8,078,366	\$7,380,379

2020/21 FINANCIAL REPORT

Liabilities & Net Assets

Liabilities & Net Assets	2021	2020
Current liabilities:		
Accounts payable	\$237,351	\$146,018
Accrued liabilities and other payables	127,115	108,430
Paycheck protection program loan-current	-	387,455
Obligations under capital leases-current	6,827	5,657
Total current liabilities	371,293	647,560
Paycheck protection program loan:	450,000	193,727
Obligations under capital leases:	3,189	7,871
Total liabilities	824,482	849,158
Commitments and contingencies:	-	-
Net assets:		
Net assets without donor restrictions	7,047,884	6,358,071
Net assets with donor restrictions	206,000	173,150
Total net assets	7,253,884	6,531,221
TOTAL LIABILITIES AND NET ASSETS	\$8,078,366	\$7,380,379

2020/21 FINANCIAL REPORT

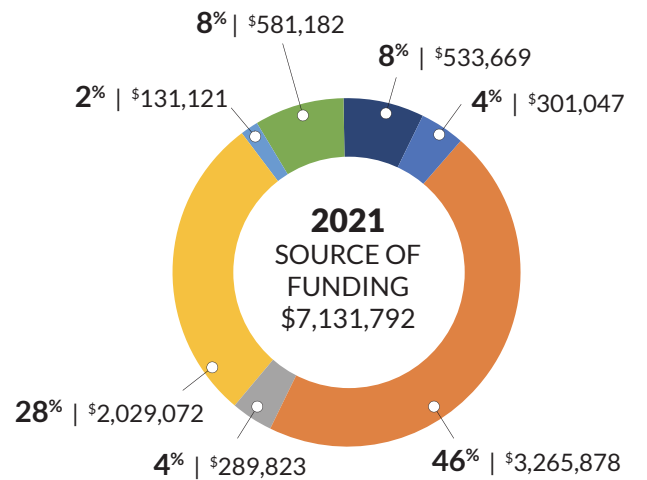
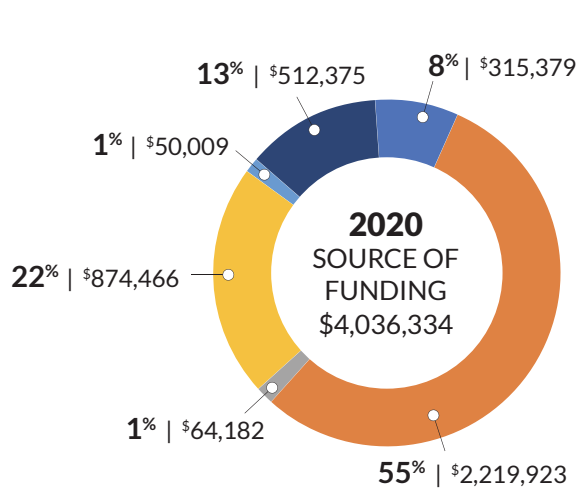
Statement of Activities

SUPPORT AND REVENUE	Without Donor Restrictions	With Donor Restrictions
Donated rent	\$ 301,047	\$ -
Grants	2,552,578	713,300
Contributed professional service	289,823	-
Patient service revenue	2,029,072	-
Interest and other	131,121	-
Paycheck protection program loan forgiveness	581,182	-
Direct public support	533,669	-
Net assets released from restrictions	680,450	(680,450)
Total support and revenue	7,098,942	32,850
EXPENSES:		
Program services	4,549,532	-
Support services	1,859,597	-
Total expenses	6,409,129	-
CHANGE IN NET ASSETS	689,813	32,850
Net assets, beginning of year	6,358,071	173,150
NET ASSETS, END OF YEAR	\$7,047,884	\$206,000

	Total 2021	Without Donor Restrictions	With Donor Restrictions	Total 2020
	\$301,047	\$315,379	\$ -	\$315,379
	3,265,878	1,737,897	482,026	2,219,923
	289,823	64,182	-	64,182
	2,029,072	874,466	-	874,466
	131,121	50,009	-	50,009
	581,182	-	-	-
	533,669	512,375	-	512,375
	-	1,645,440	(1,645,440)	-
	7,131,792	5,199,748	(1,163,414)	4,036,334
	4,549,532	3,037,183	-	3,037,183
	1,859,597	1,513,623	-	1,513,623
	6,409,129	4,550,806	-	4,550,806
	722,663	648,942	(1,163,414)	(514,472)
	6,531,221	5,709,129	1,336,564	7,045,693
	\$7,253,884	\$6,358,071	\$173,150	\$6,531,221

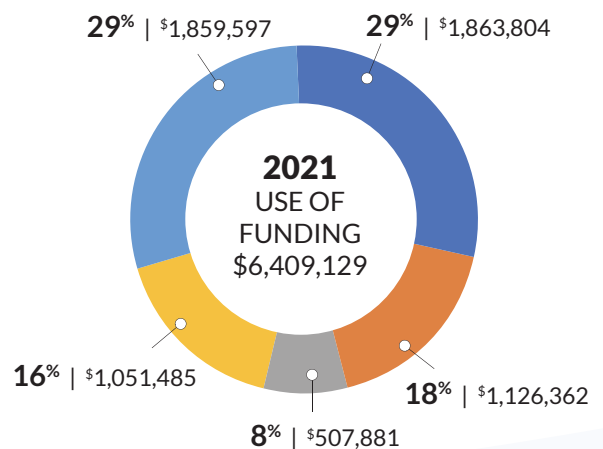
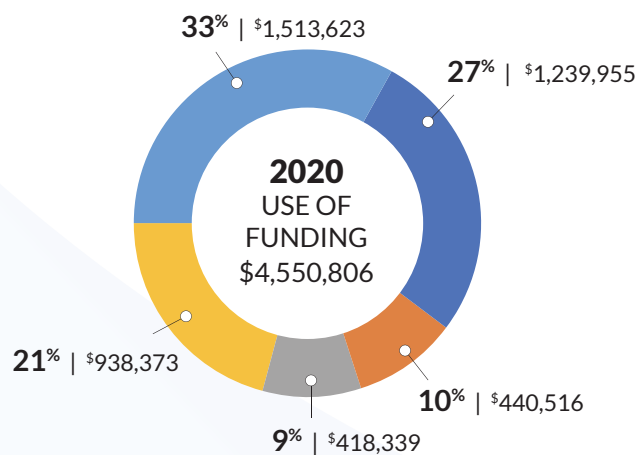
2020/21 FINANCIAL REPORT

Sources of Funds



- Donated rent
- Patient service revenue
- Direct public support
- Grants
- Interest and other
- Contributed service
- Paycheck protection program loan forgiveness

Use of Funds



- Alhambra
- Mobile Clinics
- South El Monte
- Support Services
- Wilmington

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THANK YOU

TCMF Staff and Volunteers

The past two years have been a harrowing experience for communities close to home and far away. During this time, the Tzu Chi Medical Foundation (TCMF) has accomplished a great deal, from maintaining clinical operations while complying with Centers for Disease Control and Prevention (CDC) guidelines to donating millions of dollars worth of Personal Protective Equipment (PPE) to institutions and individuals in need to mitigate the spread of the COVID-19 pandemic.

When looking at activity involving millions of dollars, impacting tens of thousands of people, it can be easy to forget the efforts of individuals. However, without its tirelessly compassionate staff and volunteers working around the clock, TCMF would have never been able to achieve its goals in 2020 and 2021. For this, TCMF extends its heartfelt thanks to every single staff member and volunteer. Let's continue to accomplish great things together.

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tzuchimedical.us



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