



**Buddhist Tzu Chi
Medical Foundation**

Serving with Compassion

2022

ANNUAL REPORT





About Tzu Chi Medical Foundation

Tzu Chi Medical Foundation (TCMF) provides holistic and integrated healthcare services to financially disadvantaged residents across the United States. Our healthcare professionals and general volunteers serve all communities with compassion and care and pay particular attention to the needs of vulnerable and underserved groups.

With Federally Qualified Health Center (FQHC) Look-Alike certified clinics in Alhambra, South El Monte, and Wilmington, California, TCMF offers exceptional care to underserved populations in those regions. In affiliation with Tzu Chi International Medical Association (TIMA), TCMF also hosts free, periodic, large-scale medical outreach events in the United States, Latin America, and the Caribbean, in addition to providing mobile medical, dental, and vision care services, support groups, and preventive health education.

Furthermore, TCMF also conducts outreaches through a fleet of Dental and Vision Mobile Clinics, bringing vital care right to the doorsteps of underserved communities. Lastly, TCMF conducts Healthy Community Program workshops to empower patients with preventive care and wellness knowledge through educational endeavors.

MISSION

To provide affordable and charitable patient-centered and holistic health care for the wellness of the underserved.

VISION

To provide health care while inspiring love and compassion in both those giving care and those receiving it.

A Message from Our Chairman, Dr. William Keh

Dear Friends,

Thank you for your continued support in 2022. Your contributions and encouragement give Tzu Chi Medical Foundation (TCMF) the strength to break new ground continually.

In 2022, the Health Resources and Services Administration reviewed the services, management, and performance of TCMF's three Health Centers – which attained Federally Qualified Health Center (FQHC) Look-Alike designation in 2020 – and re-endorsed their status. This reassured our ability to provide medical services to communities in need and laid a solid foundation for attaining full FQHC status later. Tzu Chi Mobile Clinics serving Los Angeles also came under the designation.

As the COVID-19 pandemic eased, TCMF resumed community medical outreach activities. We offered 26 Healthy Community Program workshops online to safeguard health through education and preventive measures. We also collaborated with Tzu Chi USA and Tzu Chi Education Foundation to host the Compassion in Action Walkathon. The fundraiser drew thousands of participants and donations to Tzu Chi's medical and education missions.

2023 will mark the 30th anniversary of Tzu Chi's medical mission in the United States. I thank all our donors, partners, healthcare professionals, volunteers, and staff with the deepest gratitude. Because of your steadfast support, TCMF's aspiration of "safeguarding health, safeguarding lives, safeguarding love" has been realized, enabling us to jointly facilitate a healthy life for all with access to health care.

Gratefully,



William Keh, M.D.

Board Chairman

Buddhist Tzu Chi Medical Foundation



A Message from Our CEO, Dr. Stephen Denq

Dear Friends and Family,

Since the start of the COVID-19 pandemic, Tzu Chi Medical Foundation (TCMF) has been working hard to adapt to the new situation we all find ourselves in. During the past year, TCMF transitioned back to normal operations to serve communities at total capacity again.

I would like to extend my deep gratitude to the staff and volunteers at TCMF's clinics in Alhambra, South El Monte, and Wilmington for successfully re-certifying our Federally Qualified Health Center (FQHC) Look-Alike status on November 1, 2022. Our FQHC Look-Alike designation was especially invaluable during the pandemic. This achievement continues to allow us to improve our capability to treat the underserved plus provides a launching point for TCMF's clinics to attain full FQHC status in the future to serve more people in need.

2022 was equally a milestone year for our Tzu Chi Mobile Clinic operations. Thanks to funding from the Kaiser Permanente Foundation, TCMF launched a new Dental Mobile Clinic in Fresno, bringing our total Mobile Clinic fleet to ten vehicles that serve in Los Angeles, San Jose, Fresno, and New York. Furthermore, our Los Angeles Mobile Clinics now operate under the FQHC Look-Alike designation of our Health Centers, providing yet another avenue for us to provide care for our communities.

In 2022, TCMF also returned to organizing medical outreach events for uninsured and underinsured communities. Together with Tzu Chi USA and Tzu Chi Education Foundation, TCMF co-hosted the Compassion in Action Walkathon at the Tzu Chi USA National Headquarters campus in San Dimas, California, to raise awareness and funds to support our medical and education missions. Thousands of participants joined to walk for these good causes and benefit Tzu Chi's medical care and education efforts.

Looking forward, 2023 will mark the 30th anniversary of Tzu Chi's medical mission in the United States, a truly remarkable milestone of serving over 570,000 patients in our communities. It would not have been possible without the staunch support of all our donors, sponsors, partners, medical professionals, and volunteers, and I'd like to express my sincere appreciation for them. With such a strong foundation, I anticipate many decades of growth and service ahead. Let's all continue to work hard together towards that goal.

Gratefully,



Stephen Denq, M.D.
Chief Executive Officer
Buddhist Tzu Chi Medical Foundation



Delivery of Care



Health Centers

Tzu Chi Medical Foundation (TCMF) has three clinics in California – in Alhambra, South El Monte, and Wilmington. In 2020, these clinics attained, and continue to maintain, Federally Qualified Health Center Look-Alike designation, greatly expanding TCMF’s capacity to provide health care for local communities and underserved populations. Of the three Tzu Chi Health Centers, two offer medical, dental, and vision care services, while acupuncture treatment is available at all three locations.



Mobile Clinics

For over 20 years, TCMF’s Mobile Clinics have delivered high-quality healthcare services to the doors of communities nationwide at no cost. In 2022, a fleet of ten Mobile Clinics served underprivileged communities in Fresno, San Jose, Los Angeles, and New York. Mobile Clinic services include medical, dental, and vision care.



Healthy Community Program

TCMF's Healthy Community Program provides preventive health information and services to individuals in need. The Program's holistic design aims to cultivate healthier lifestyle choices within communities plus bridge community needs for services beyond those provided at Tzu Chi Health Centers. The Healthy Community Program includes healthy living modules, health workshops, educational outreach, cancer awareness information, and patient support groups.



Domestic and International Outreach

Tzu Chi International Medical Association (TIMA) has licensed medical professionals and logistics volunteers in its membership. TIMA utilizes the expertise of its members to facilitate patient-centered medical services for vulnerable populations affected by disasters and poverty locally and worldwide. Concurrently, the platform allows volunteer healthcare professionals to share their practices and learn from each other on how to serve local communities better. In addition to providing medical, dental, vision, and acupuncture services, TIMA also offers health education, flu and COVID-19 vaccinations, and training programs for local volunteer leads.

Summary of Operations

We're proud to report that our Tzu Chi Health Centers in Alhambra, South El Monte, and Wilmington have all received recertification as Federally Qualified Health Center Look-Alikes. This continued designation reaffirms Tzu Chi Medical Foundation's dedication to providing top-notch healthcare services to underserved communities, guaranteeing ongoing access to vital medical care for those in need. The three Tzu Chi Health Centers offered a combined total of 27,989 consultations and treatments in 2022.

Tzu Chi Medical Foundation's ten Mobile Clinics contributed to delivering vision, dental, and medical care services to the doorsteps of uninsured and underinsured communities. Supported by 1,139 healthcare professionals and 3,334 general volunteers, we conducted 298 medical outreach events nationwide, providing 18,435 consultations and treatments, along with free medication.

Significant steps were taken in cooperation with California and New York schools, empowering children to obtain essential healthcare services. Our Vision and Dental Mobile Clinics partnered closely with educational institutions, bridging the gap in needs to deliver health care directly to students and guaranteeing their access to necessary support for optimal growth and well-being.

In 2022, Tzu Chi Medical Foundation (TCMF), together with Tzu Chi USA and Tzu Chi Education Foundation (TCEF), recommenced its community event initiatives, notably co-hosting the Compassion in Action Walkathon held at Tzu Chi USA's National Headquarters campus in San Dimas, California, on April 16. The primary goal was to gather funds for critical educational and medical initiatives advocated by both TCMF and TCEF and their dedicated volunteers. Over 1,500 individuals participated, demonstrating unwavering support for these philanthropic causes.

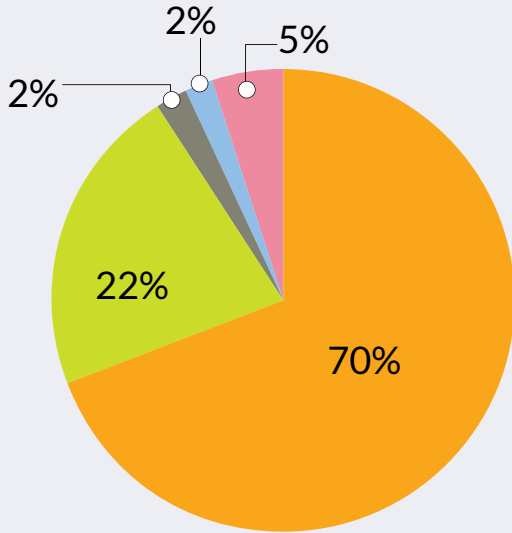
TCMF continued its commitment to the Healthy Community Program by live-streaming webinars on Zoom and Facebook. By transitioning to an online format, the Program gained greater cooperation between TCMF and Tzu Chi International Medical Association chapters. Networking and combining resources made capitalizing on the expertise of various healthcare professionals possible. The 26 Healthy Community Program sessions streamed allowed the audience to explore diverse topics via insights shared by experts across the United States. Through the Program, TCMF effectively disseminated knowledge and empowered community members to make informed decisions regarding their health and well-being.

Patient Demographics

Health Centers 2022

Patient Service Counts: 27,989

Patient Head Counts: 5,857

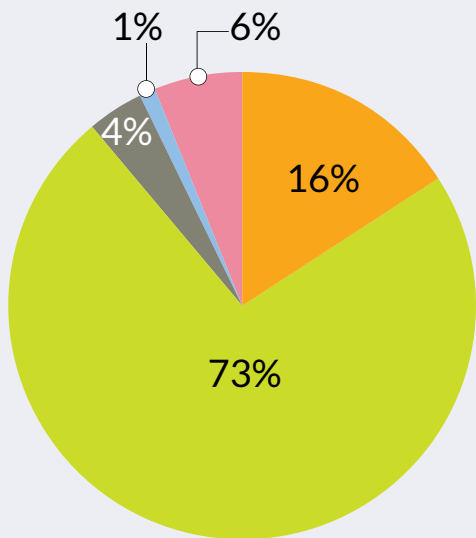


- Asian: 70%
- White (including Hispanic): 22%
- Black / African American: 2%
- Other (Including more than one race): 2%
- Unreported / Refused to Report: 5%

Mobile Clinics/ Outreach 2022

Patient Service Counts: 18,435

Patient Head Counts: 8,843



- Asian: 16%
- White (including Hispanic): 73%
- Black / African American: 4%
- Other (including more than one race): 1%
- Unreported / Refused to Report: 6%

Tzu Chi Health Centers

Tzu Chi Medical Foundation (TCMF) operates three Federally Qualified Health Center (FQHC) Look-Alikes in California: One in Alhambra, another in South El Monte, and the third in Wilmington. TCMF's Health Centers offer four primary services: Medical, dental, vision, and acupuncture. From immunizations and physicals to eye exams, teeth cleaning, and pain management, patients can receive a wide range of

treatments and services in our Health Centers. For patients who choose a Tzu Chi Health Center as their Primary Care Provider, we can provide more extensive dental, vision, and acupuncture benefits.

TCMF's three Health Centers received FQHC Look-Alike designation in 2020. This certification brings certain privileges, strengthening our capacity to deliver much-needed care to underserved and underprivileged populations. For instance, during the COVID-19 pandemic's peak, Tzu Chi Health Centers received priority



for vaccines due to having FQHC Look-Alike status. Since then, Tzu Chi Health Centers have worked hard to maintain the high standards that led to their receiving this designation in the first place.

In June 2022, the federal government sent inspectors from the Health Resources and Services Administration to TCMF to conduct an audit and review the performance of its Health Centers in terms of service, management, and medicine over the last two years. The Health Centers passed the audit with

flying colors and obtained recertification as FQHC Look-Alikes.

Dr. Stephen Denq, CEO of Tzu Chi Medical Foundation, mentioned: “The inspectors were very moved when they heard Tzu Chi Health Center patients’ stories because they felt that TCMF’s mission and vision reflect what the government wants every FQHC to do, which is to take care of low-income and disadvantaged groups.”



Medi-Cal 提供牙科保險

服務	成人	青少年	兒童	老人	孕婦
牙科	是	是	是	是	是
視光	是	是	是	是	是
物理治療	是	是	是	是	是
職業治療	是	是	是	是	是
牙科X光	是	是	是	是	是
牙科急症	是	是	是	是	是
牙科手術	是	是	是	是	是
牙科拔牙	是	是	是	是	是
牙科補牙	是	是	是	是	是
牙科洗牙	是	是	是	是	是
牙科檢查	是	是	是	是	是
牙科X光	是	是	是	是	是
牙科急症	是	是	是	是	是
牙科手術	是	是	是	是	是
牙科拔牙	是	是	是	是	是
牙科補牙	是	是	是	是	是
牙科洗牙	是	是	是	是	是
牙科檢查	是	是	是	是	是

Medi-Cal Has Dental Covered

服務	成人	青少年	兒童	老人	孕婦
牙科	是	是	是	是	是
視光	是	是	是	是	是
物理治療	是	是	是	是	是
職業治療	是	是	是	是	是
牙科X光	是	是	是	是	是
牙科急症	是	是	是	是	是
牙科手術	是	是	是	是	是
牙科拔牙	是	是	是	是	是
牙科補牙	是	是	是	是	是
牙科洗牙	是	是	是	是	是
牙科檢查	是	是	是	是	是
牙科X光	是	是	是	是	是
牙科急症	是	是	是	是	是
牙科手術	是	是	是	是	是
牙科拔牙	是	是	是	是	是
牙科補牙	是	是	是	是	是
牙科洗牙	是	是	是	是	是
牙科檢查	是	是	是	是	是

Medi-Cal 牙科保險... 牙科服務... 牙科檢查... 牙科拔牙... 牙科補牙... 牙科洗牙... 牙科X光... 牙科急症... 牙科手術... 牙科拔牙... 牙科補牙... 牙科洗牙... 牙科檢查...

Medi-Cal 牙科保險... 牙科服務... 牙科檢查... 牙科拔牙... 牙科補牙... 牙科洗牙... 牙科X光... 牙科急症... 牙科手術... 牙科拔牙... 牙科補牙... 牙科洗牙... 牙科檢查...

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Medical Care



▲ Medical volunteers offer vaccination services for Bellevue, California, residents.

◀ As Buddhist monks from Myanmar wait to see a doctor at a Tzu Chi Health Center, our volunteers check their temperature to ensure their health and safety.

Luis, who has been a Tzu Chi Health Center patient for a long time, was first introduced to Tzu Chi by a friend. When Luis first visited a Health Center, his blood sugar was out of control, and he had a serious problem with alcohol abuse. Making matters worse, he suffered from chronic back pain that was impacting his ability to work.

Luis received care from Tzu Chi Health Center physicians and the endocrinologists they referred him to, and he brought his blood sugar back under control through medication, diet, and exercise. Tzu Chi Health Center also helped Luis with his back pain, and thanks to support groups, he was able to quit drinking and has been sober ever since.



▲ Aiming to support and enhance the well-being of those we serve, our compassionate volunteers distribute carefully curated care packages to the community, containing essential items such as face masks, hand sanitizer, and other necessities.

Though it took a lot of hard work, both from himself and Tzu Chi Health Center staff, Luis was able to turn his life around and take control of his health. Patients such as Luis are why TCMF operates its Health Centers, and we always look forward to helping members of our communities live their best lives.



Dental Care

As Berenice receives dental treatment, her daughter Paulina overcomes her shyness and helps with Spanish translation.

Over the past two years, the COVID-19 pandemic created difficulties for patients and healthcare providers. As emergency measures ended and matters began to return to normalcy, Tzu Chi Health Center Dental Department continued to reach out and serve local communities, many of whom have limited access to or can't afford dental care.

To maintain strict pandemic control measures, schedules at the Health Centers were thinned out to make room for decontamination procedures. Also,

staff implemented precautions such as introducing extra dental aerosol suction machines and a moratorium on aerosol-generating procedures.

During the height of the pandemic, many patients delayed or neglected their dental care due to fear of catching the virus at healthcare facilities. Sophia, a patient who first came to a dental clinic through our new partnership with the Mountain View School District, recently returned with severe tooth pain. She shared that she gave birth last year and had endured severe

dental pain throughout her pregnancy. Sophia didn't know where to go for dental advice, and her family told her that she shouldn't undergo any form of dental treatment while pregnant.

Tzu Chi Health Center dentists quickly informed her that it was safe for pregnant women to receive dental treatment. Furthermore, they took special precautions to ensure she and her baby were safe. Not only was Sophia able to get her tooth pain taken care of, but Tzu Chi Health Center dentists also provided Sophia with guidance on how to take care of her teeth as well as her child's baby teeth.

Another activity that Tzu Chi Health Center Dental Department took pride in was its presence at community health fairs. Not only do such events help inform

the community of the services that Tzu Chi Health Centers can provide, but they also offer preschool and elementary school students the opportunity to attend workshops on proper dental hygiene. Not every day can a child tell their parents that they learned how to brush an alligator's teeth with a giant toothbrush!

Though it wasn't always easy, Tzu Chi Health Center Dental Department strove to provide the best dental care possible to its patients through the peaks of the COVID-19 pandemic. As conditions gradually allowed a total return to normal operations, the Dental Department looked forward to serving local communities to its utmost capacity once again.

▼ *Dr. Wang soothes her patient Slava's concerns with kindness and humor and only begins his dental treatment once he feels calm and secure.*



▼ *Dr. Carol Liu guides kids on how to properly brush their teeth using a dinosaur dental puppet.*





Vision Care





Tzu Chi Health Centers also offered vision care. Many patients who come to the Health Centers are older or live with chronic diseases such as diabetes and hypertension. These factors can significantly affect eye health, and Tzu Chi Health Center optometrists are always vigilant in screening for potential problems.

Overall, Tzu Chi Health Center Vision Department collaborates with our primary care physicians to provide holistic health care for patients' convenience and well-being.



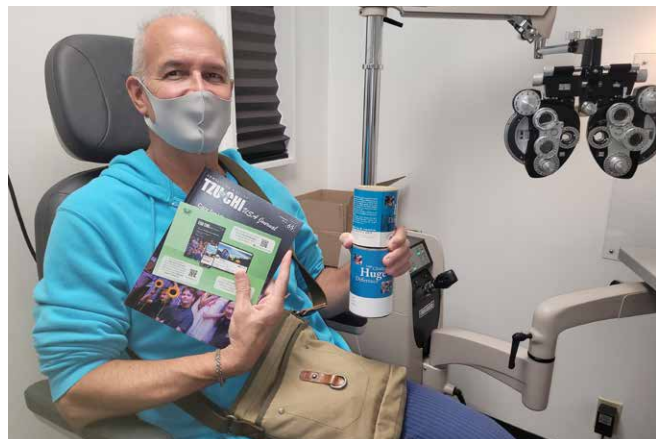
▲ A volunteer doctor takes measurements for a patient's prescription glasses.

◀ (Left) Dr. Lina Lin checks the eyesight of visiting Buddhist monks.

◀ (Right) Students receive free eyesight screenings from Tzu Chi Vision Mobile Clinic optometrists. After diagnosis, many children discover they need prescription glasses and receive a free pair.

▶ (Upper) Dr. Lina Lin administers an eye exam to check Linder's vision.

▶ (Bottom) After a friend refers the Tzu Chi Health Center in South El Monte to Jon, he comes for an eye exam in the Vision Department. After hearing Tzu Chi's story, Jon requests two bamboo banks, one for him and one for his friend, so that they can support Tzu Chi's missions.





Acupuncture



◀ (Opposite page) The Traditional Chinese Medicine team uses acupuncture to safeguard patients' health.

▲ Volunteer Cecilia Chang explains the origins of acupuncture.

As part of the services offered at Tzu Chi Health Centers in 2022, alongside dental, vision, and allopathic medicine, acupuncture was also a core part of Tzu Chi's mission to help patients live an optimally healthy life.

Acupuncturists at Tzu Chi Health Centers focus primarily on pain management and overall wellness with various techniques. Acupuncture, acupressure, Tui Na (Chinese medical massage), therapeutic exercise, and dietary counseling are all used to keep patients healthy and help them recover from ailments. Through these healing tools, Tzu Chi Health Center acupuncturists can help patients achieve their health goals with minimally invasive practices.

To conclude, Tzu Chi Health Centers were the centerpiece of the Tzu Chi Medical Foundation's community-based healthcare efforts in 2022.



▲ Teresa receives Traditional Chinese Medicine treatments for the first time.



▲ Offering unique services like acupuncture and muscle and bone relaxation treatments by Traditional Chinese Medicine doctors, Tzu Chi Medical is finally back in the swing of things after two years away due to the pandemic.

Mobile Clinics and Domestic Outreach

Although our three Tzu Chi Health Centers offer continuous and much-needed care for surrounding communities, many people live too far away and thus don't benefit from their services. Recognizing this gap in health care, Tzu Chi Medical Foundation (TCMF) conducts regular medical outreach events to ensure that even migrant farmworkers in remote areas have access to the care they need.



A Tzu Chi Vision Mobile Clinic and Tzu Chi Medical booth are on site during a luncheon for unhoused neighbors.



▲ Jose gives a pandemic-style thanks to the optometrist who helped correct his vision with prescription eyeglasses.

One of the primary ways TCMF conducts outreach is through its fleet of ten Dental and Vision Mobile Clinics. These clinics are more than just vehicles; they carry compassion and care, delivering essential dental and vision services to people's doorsteps. With the unwavering support of over 1,100 dedicated professionals and the selfless contributions of over 3,300 volunteers, these outreach efforts have become lifelines. Through their tireless work, TCMF's Mobile Clinics have touched the lives of thousands by offering consultations and treatments plus a ray of light in moments of uncertainty and need.

TCMF's Mobile Clinics made an indelible mark in 2022, with close to 300 events, tending to more than 8,800 patients. They delivered over 18,800 services through mobile outreach efforts, offering essential dental care, vision check-ups, and health fairs to underserved communities.

This unwavering dedication and impact became evident as the representatives and staff of many schools eagerly welcomed Mobile Clinics onto their campuses. In a groundbreaking collaboration with schools across California and New York, TCMF's Mobile Clinics embarked on a transformative journey, empowering children by bridging the gap to deliver essential care.

At one of the Vision Mobile Clinic outreaches held at Cogswell Elementary School in South El Monte, California, children from underserved families received free eye exams and prescription glasses, significantly improving their vision. Among them was Allyson, a fourth-grade student struggling to see objects far away, making it difficult for her to read the words on the blackboard in class. Her vision problems had taken a toll on her life both in school and at home.



▲ Local volunteers from the Wilmington community assist with food distribution for residents.

Upon hearing about Allyson’s concerns, a medical volunteer conducted an examination and prescribed special lenses. As a result, these eyeglasses required more production time and could only be delivered to her later. However, Allyson’s brother, Kenneth, who also had vision issues, received his first prescription glasses on the spot, enabling him to see better immediately. Witnessing the joy on the children’s faces gave all the volunteers a great sense of accomplishment since they had provided far more than just a new pair of glasses. With their help, these children could now enjoy seeing more clearly, which would



▲ Many patients require long-term prescription medication, and our doctors will decide if refills are needed.

also help them study in school, paving the way for a better future through education.

Amid the challenges posed by the COVID-19 pandemic, TCMF had to halt international outreach operations, pausing the invaluable assistance provided to vulnerable communities worldwide. The impact of these past years was particularly harsh on society’s most underserved individuals. The resumption of outreach activities marked a significant milestone for TCMF’s Mobile Clinics. We wouldn’t have been able to make it happen without our partners’ support and the generosity of institutional and individual donors. TCMF’s dedicated staff and volunteers eagerly anticipate continuing their compassionate mission, bringing essential care where it’s most needed, rekindling hope for those who have waited for healthcare assistance for so long.

◀ Sujatha Venkatraman (second right), Associate Executive Director of West Valley Community Services, expresses the need for long-term cooperation with Tzu Chi to support services for low-income residents.





▲ When Jaime's son is to get prescription glasses from Tzu Chi, he and his daughter Jaima help the boy pick a frame.



▲ Tzu Chi volunteers in Northern California offer a one-day free clinic for low-income Cupertino residents in Silicon Valley.

“Something like this was never done to my knowledge, where you get free glasses on the spot. I definitely want to continue this partnership with Tzu Chi, and hopefully, we can go all across the city and provide all these services.”

Detective Alicia Arquer
NYPD Community Affairs

“Students need glasses to see what’s on the blackboard and complete their homework, but eyeglasses are prohibitively expensive. Even families with federal vision care insurance are only eligible for one pair of glasses every two years. If the glasses get damaged, many families simply can’t afford to get another pair. That’s why Tzu Chi’s services and the free eyeglasses you give out are such a great gift to these children.”

Karen Silberman
*Director of Support Services & Special Education
Mountain View School District in El Monte*



▲ Tzu Chi medical volunteers distribute medical gifts and blankets to community members.

“This free clinic allows them to receive long-efficient medical care, so we attach great importance to it and will continue to cooperate with Tzu Chi to ensure that low-income families in the community can receive more support.”

Sujatha Venkatraman
*Associate Executive Officer
West Valley Community Service Center*

2022 Tzu Chi Walkathon: Compassion in Action



As the walkathon participants cover the five-kilometer distance, they talk among themselves, enjoying the opportunity to support good causes.

On April 16, 2022, Tzu Chi Medical Foundation (TCMF), Tzu Chi Education Foundation (TCEF), and Tzu Chi USA co-hosted the Compassion in Action Walkathon, a fundraising event held at Tzu Chi USA's National Headquarters campus in San Dimas, California. After nearly two years of reduced or canceled in-person events due to the COVID-19 pandemic, the five-kilometer walkathon aimed to bring the community together to enjoy the outdoors and a healthy activity while supporting great causes.

Hosted to raise funds for Tzu Chi's medical and education efforts, the walkathon recruited participants from all over the Greater Los Angeles area to walk the 5K distance. Beyond the healthy walk, the event included live performances, numerous vegetarian food stalls, exhibition booths, and prize raffles. More than 1,500 people arrived at Tzu Chi's campus on the big day to support the good causes. From entire families with pets to older individuals and even Dharma Masters from Tiantai Temple in China, people of all ages and from all walks of life participated.

Funds raised for Tzu Chi's medical mission bolstered outreach, mobile clinics, and dental and vision services. The donations enabled the expansion of Tzu Chi's healthcare efforts for underserved and underinsured populations, boosting the reach of mobile clinic activities. Additionally, during the fundraiser, TCMF took the opportunity to promote the services of its three Tzu Chi Health Centers to help those in need find primary, dental, and vision care and acupuncture services.

To further the work started through Tzu Chi's bone marrow donation initiative, an effort of significant contribution to the Bone Marrow Donor Registry, TCMF invited a partner in the effort, Be The Match (BTM), to the walkathon. TCMF and BTM jointly help find potential bone marrow donors for patients with leukemia and other blood cell deficiencies. BTM is a registry for the National Marrow Donor Program, the most diverse marrow registry in the world. (Currently, BTM and the National Marrow Donor Program are collectively known as NMDP).

More than just a simple fundraising event, the Compassion in Action Walkathon marked a new start for TCMF's community engagement efforts as we all learned to adapt to the hardships resulting from the COVID-19 pandemic. Tzu Chi Medical Foundation looks forward to hosting more large-scale events in the years to come to bring together our local communities and help those in need.

Kids sprint to get a head start at the walkathon.



► Tzu Chi volunteers perform at the finish line to celebrate a successful walkathon event.



► Walkathon attendees spin for a chance to win an awesome prize at the end of the event.



▼ Kids engage in arts and crafts activities at our exhibition booths during the Compassion in Action Walkathon.





“This event was amazing; everything was so wonderful. The volunteers who set up the site and entertained participants and the program were amazing. I only got to know Tzu Chi during the pandemic. I witnessed how, despite the pandemic, the volunteers were active in donating personal protection supplies, carrying out food distribution activities, and delivering necessities to low-income families, older individuals, and those homeless in the community. They are truly amazing; Tzu Chi truly is the glory of San Dimas.”

Emmett Badar
Mayor of San Dimas

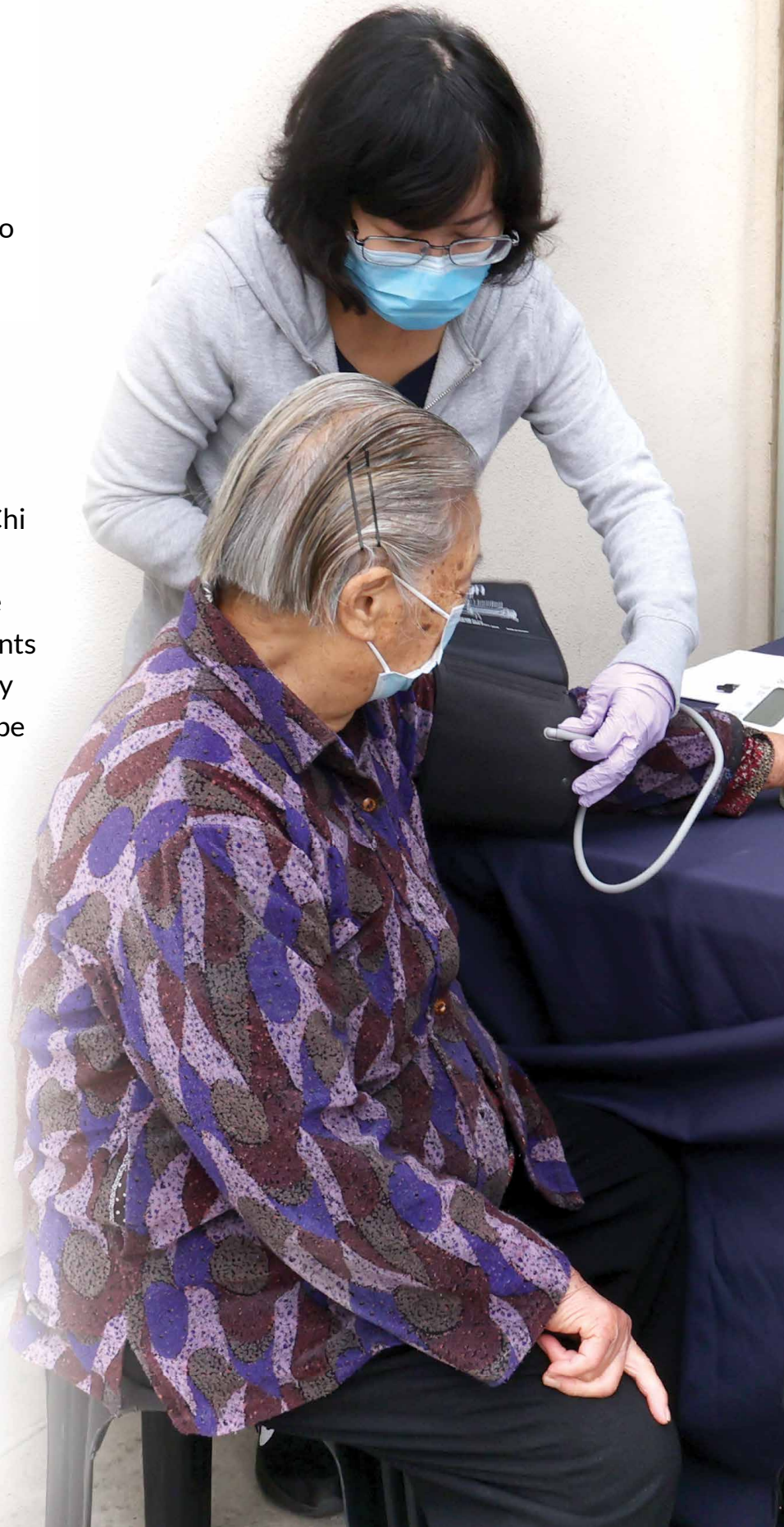


Staff and volunteers at the registration desk give a thumbs up to all Compassion in Action Walkathon participants.

Healthy Community Program

Amidst adapting to new circumstances, Tzu Chi Medical Foundation's Healthy Community Program continued to promote preventive practices in our communities by empowering people with the knowledge they need to lead healthy lives. Tzu Chi Medical Foundation (TCMF) initiated the Healthy Community Program to complement its Tzu Chi Health Centers in protecting the health of our communities. While the Health Centers provide patients with medical services, the Healthy Community Program aims to shape long-term community health through instilling health awareness and healthy habits.

► Tzu Chi and medical volunteers check patients' blood pressure and provide face masks and hand sanitizer so they can protect themselves.



For your health and safety, please practice social distancing by staying at least 6 feet away from other people.
為了保護您和別人的健康和安全，請遵守「社交距離」，與他人保持6英尺(約2米)的距離。

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Tzu Chi Medical
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Tzu Chi Medical



▲ Chiao-Nien Wang, L.Ac, and Tung P. Cheung, PA, demonstrate shoulder and neck stretches during a Healthy Community Program webinar.

Conducted online since 2021 due to COVID-19 safety precautions, the Healthy Community Program presented its webinars live on platforms such as Zoom and Facebook in 2022. To maximize the benefit and convenience for our audience, TCMF additionally recorded and uploaded the webinars to its YouTube channel (<https://www.youtube.com/@tzuchimedical>).

To cover both seasonal and general health concerns, the Healthy Community Program featured topics such as COVID-19 variants, diabetes, and high

blood pressure. As operations shifted back towards normalcy and to further adapt to changing needs, the Program began to reshape its offerings to incorporate more topics relevant to the health of older community members, such as appropriate exercise and optimum diet guidance for those in their senior years.

Additionally, by transitioning to an online format, the Healthy Community Program allowed for greater cooperation among local and regional Tzu Chi International Medical Association (TIMA) chapters and TCMF. By networking and combining



▲ Dr. Peter Chen prepares for his online Healthy Community Program presentation

▶ The Tzu Chi Medical Foundation announces that Dr. Peter Chen will give a talk as part of the Healthy Community Program.

resources, the Program was able to capitalize on the skills of a diverse set of expert healthcare professionals who spoke on topics ranging from the importance of blood testing to mental health.

As COVID-19 pandemic emergency measures gradually terminated, the Healthy Community Program also committed to ensuring that Medi-Cal members can retain their benefits. The Program thus provided resources and services to help these individuals navigate the reapplication process.

Tzu Chi Medical

大“膽”前行，征服相關膽囊疾病的健康挑戰

根據美國膽囊協會 (AGA) 的統計，大約有 2500 萬美國人受到膽囊疾病的影響。膽囊結石可能導致膽囊炎、膽管炎或引起嚴重甚至危及生命的併發症。此外，膽囊結石還可能導致膽囊癌。久患的膽囊結石等問題是造成膽囊炎的主要原因！

感謝醫學會特別邀請到了在國內外肝胆結石有豐富經驗的陳錦輝醫師，為您講解膽囊疾病的預防與治療方法。他還將分享日常膽囊疾病與健康的實用貼士，如食後散步與定期運動等建議，讓您的生活變得更健康！

講者：陳錦輝 醫師特約醫師
Presented by Peter FM Chen MD, FACS

● 醫師特約醫師 (特約) ● 美國醫學會 (AAFP) 會員
● 醫師特約醫師 (特約) ● 美國內科醫學會 (ACG) 會員

5月28日

美西 2:30pm
美中 4:30pm
美東 5:30pm

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Throughout 2022, TCMF hosted 26 webinars in English, Chinese, and Spanish and provided hundreds and thousands of members of our communities with opportunities to learn about health issues that can affect them. We look forward to continuing to leverage the power of health education to help our communities lead healthier lives through health awareness and preventive practices.

2022 Financial Report

Assets

Assets	2022	2021
Current assets:		
Cash and cash equivalents	\$ 2,450,814	\$3,045,529
Investments	513,797	507,159
Grants receivable	286,461	217,066
Prepaid expenses	667,160	57,561
Total current assets	3,918,232	3,827,315
Property and equipment:		
Transportation equipment	2,201,362	2,201,362
Computers and printers	47,526	47,525
Furniture and fixtures	5,673	5,673
Office equipment	89,029	89,029
Leasehold improvements	4,208,145	4,208,145
Medical equipment	960,816	793,930
Construction in progress	60,000	-
	7,572,551	7,345,664
Less: accumulated depreciation and amortization	(3,615,671)	(3,097,213)
Property and equipment, net	3,956,880	4,248,451
Other assets:		
Right of use assets	106,840	-
Security deposits	2,600	2,600
TOTAL ASSETS	\$7,984,552	\$8,078,366

2022 Financial Report

Liabilities & Net Assets

Liabilities & Net Assets	2022	2021
Current liabilities:		
Accounts payable	\$ 94,067	\$ 237,351
Accrued liabilities and other payables	204,833	127,115
Due to affiliate	43,777	-
Obligations under operating leases- current	31,191	-
Obligations under capital leases - current (Note 4)	3,189	6,827
Total current liabilities	377,057	371,293
Paycheck protection program loan (Note 10)	-	450,000
Obligations under operating leases (Note 4)	75,665	-
Obligations under capital leases (Note 4)	-	3,189
Total liabilities	452,722	824,482
Commitments and contingencies (Notes 3 and 4)	-	-
Net assets (Notes 2 and 9) :		
Net assets without donor restrictions	6,973,431	7,047,884
Net assets with donor restrictions	558,399	206,000
Total net assets	7,531,830	7,253,884
TOTAL LIABILITIES AND NET ASSETS	\$ 7,984,552	\$8,078,366

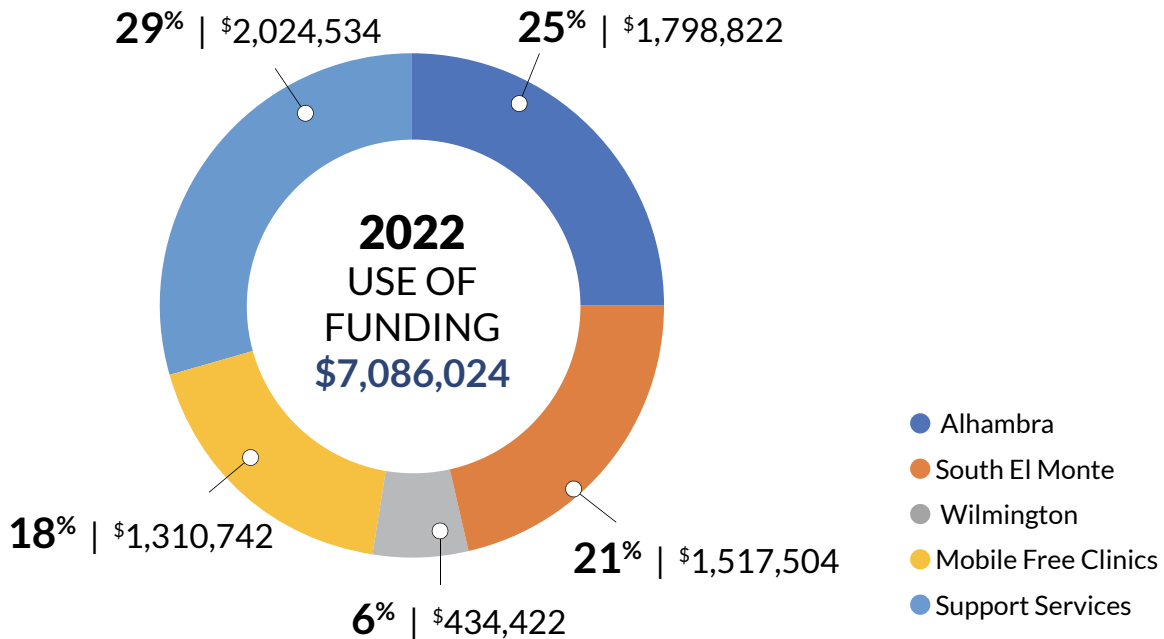
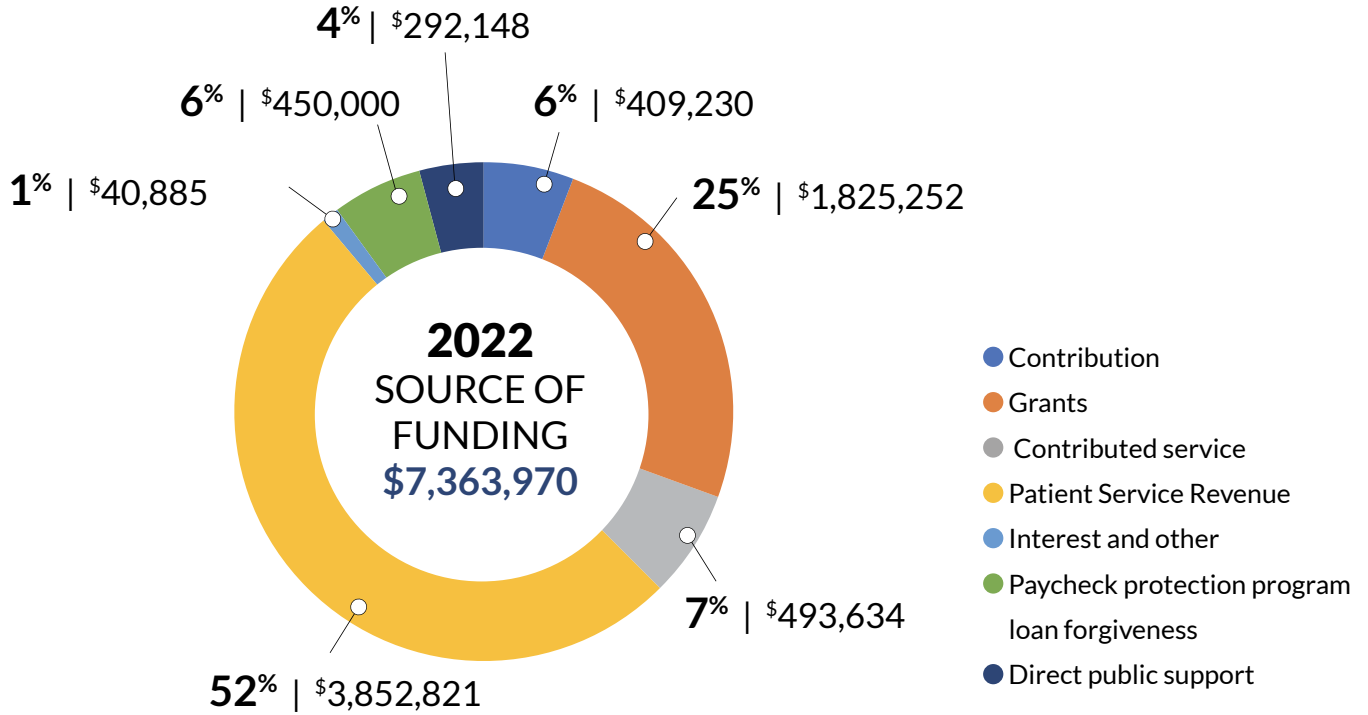
2022 Financial Report

Statement of Activities

Support and Revenue	Without Donor Restrictions	With Donor Restrictions	Total 2022	Total 2021
Donated rent (Notes 2 and 5)	\$409,230	\$ -	\$ 409,230	\$ 301,047
Grants (Notes 2 and 5)	337,978	1,487,274	1,825,252	3,265,878
Contributed professional services (Note 2)	493,634	-	493,634	289,823
Patient service revenue	3,852,821	-	3,852,821	2,029,072
Interest and other	40,885	-	40,885	131,121
Paycheck protection program loan forgiveness (Note 10)	450,000	-	450,000	581,182
Direct public support	282,148	10,000	292,148	533,669
Net assets released from restrictions	1,144,875	(1,144,875)	-	-
Total support and revenue	7,011,571	352,399	7,363,970	7,131,792
Expenses:				
Program services	5,061,490	-	5,061,490	4,549,532
Support services	2,024,534	-	2,024,534	1,859,597
Total expenses	7,086,024	-	7,086,024	6,409,129
Change in net assets	(74,453)	352,399	277,946	722,663
Net assets, beginning of year	7,047,884	206,000	7,253,884	6,531,221
NET ASSETS, END OF YEAR	\$ 6,973,431	\$ 558,399	\$ 7,531,830	\$ 7,253,884

2022 Financial Report

Sources & Use of Funds



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