

	1	2	3	4
	Pasta with Alfredo sauce	Chow Mein w/eggs	Mac & Cheese	No school
	Broccoli	vegetables	Beans	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Milk	Milk	Milk	
7	8	9	10	11
Veggie ham & egg sandwich	Spaghetti	Scrambled Eggs w/Toms	Veggie ham Fried Rice	Chow Mein w/eggs
French Fries	Salad w/eggs	Tofu in brown sauce	Egg rolls	vegetables
Fresh Fruit	Fresh Fruit	Rice	Fresh Fruit	Fresh Fruit
Milk	Milk	Fresh Fruit	Milk	Milk
		Milk		
14	15	16	17	18
Soy bean paste and dried	Pasta with Alfredo sauce	Tofu in brown sauce	Veggie ham & vegetable	Quesadillas
bean curd noodle	Broccoli	Broccoli	pancake	Tater Tots
Eggs & vegetables	Fresh Fruit	Rice	Tater Tots	Fresh Fruit
Fresh Fruit	Milk	Fresh Fruit	Fresh Fruit	Milk
Milk		Milk	Milk	
21	22	23	24	25
Cheese veggie pizza	Mac & Cheese	Quesadillas	Tofu in brown sauce	Veggie ham Fried Rice
Carrot stick/dressing	Beans	Tater Tots	Broccoli	Egg rolls
Fresh Fruit	Fresh Fruit	Fresh Fruit	Rice	Fresh Fruit
Milk	Milk	Milk	Fresh Fruit	Milk
			Milk	
28	29	30	31	
Veggie ham & egg sandwich	Soy bean paste and dried	Tofu in brown sauce	Spaghetti	
French Fries	bean curd noodle	Corns with scramble eggs	Salad w/eggs	
Fresh Fruit	Eggs & vegetables	Rice	Fresh Fruit	
Mlk	Fresh Fruit	Fresh Fruit	Milk 1	
	Milk	Milk		